

Important contact info for retirees

PERS-Oregon.gov/pers

Social Security www.ssa.gov

Medicare-Medicare.gov

AARP www.aarp.org

SHIBA-Statewide Insurance Benefit Assistance:

oregon.gov/medicare-65

ADRC-Aging and Disability Resources: adrcfororegon.org

1-855-673-2372. Multnomah County also has services for Veterans through this program.

Oregon Prescription Drug program: www.opdp.org

State Resources/Agencies oregon.gov website

Emergency Alerts: oralert.gov

Oregon Division of Financial Regulation: Office of the Insurance Commissioner: dfr.oregon.gov

Check list for aging in place:

[Liveable-communities/housing/info-2020/homefit-guide.html](http://liveable-communities/housing/info-2020/homefit-guide.html)

Benefits/Discounts: OSEA.org ROSE AFT.org

Tax remedy for Tier 1 State tax withholdings:

<https://www.Oregon.gov/RET/Pages/Tax-Remedy-Information.aspx>