

The impact of SHIBA

What is SHIBA?

The **Senior Health Insurance Benefits Assistance (SHIBA)** program offers free, objective, and local one-on-one health insurance counseling and assistance to:

- People with Medicare, and
- Their families.

People can make informed decisions about their health insurance with the help of these certified counselors.

SHIBA counselors and volunteers:

- Provide information about Medicare and what health and prescription drug plans there are.
- Help with Medicare appeals and complaints.
- Educate how to protect, detect and report Medicare fraud, waste and abuse.

In 2023, there were

933,302

people in Oregon with Medicare

County and Medicare population (enrolled)

Baker 5,418	Lake 2,382
Benton 19,224	Lane 94,457
Clackamas 94,597	Lincoln 18,101
Clatsop 11,511	Linn 31,471
Columbia 13,071	Malheur 6,436
Coos 21,634	Marion 69,050
Crook 7,833	Morrow 2,322
Curry 9,873	Multnomah 133,417
Deschutes 50,581	Polk 19,832
Douglas 35,648	Sherman 546
Gilliam 608	Tillamook 8,760
Grant 2,375	Umatilla 15,414
Harney 2,150	Union 6,787
Hood River 4,819	Wallowa 2,610
Jackson 59,685	Wasco 6,670
Jefferson 6,100	Washington 99,249
Josephine 27,848	Wheeler 516
Klamath 18,690	Yamhill 23,568

What is Medicare?

Medicare is the federal health insurance program for:

- People who are 65 or older
- Certain younger people with disabilities, and
- People with end-stage renal disease.

The parts of Medicare

- or -

Original Medicare



Part A:
Hospital coverage



Part B:
Medical coverage

Medicare Advantage



Part C:
Medicare Advantage

Available with or without prescription coverage (Part D)

You can add either or both below:



Part D: Prescription drug coverage



Medicare supplement coverage (Medigap)

Secondary insurance can also include:

- Retiree benefits (for example PERS)
- COBRA (in some cases)
- Tricare for Life (TFL) or CHAMPVA
- Medicaid
- Indian Health Services (IHS)

SHIBA by the numbers

6 state staff

201 active volunteers

333 outreach and education events

12,833 hours volunteered

15,272 one-on-one counseling sessions

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You can get this document in other languages, large print, braille or a format you prefer.

Contact the Senior Health Insurance Benefits Assistance (SHIBA) program at **800-722-4134** or shiba.oregon@odhsoha.oregon.gov.

We accept all relay calls or you can dial 711.